

CURRICULUM VITAE



PERSONAL DATA

Name: Diego Chapinal Martín

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Date of born: Dec 07 of 1978

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ACADEMIC TRAINING

Degree in Osteopathy DO, FBEO school (2011-2016)

Degree in Science of Physical Activity and Sport for Faculty of Physical Activity and Sport of Madrid (2000-2005)

Diploma in Physiotherapy from the European University of Madrid (1996-1999).

WORK EXPERIENCE IN HIGH PERFORMANCE

CAROLINA MARÍN'S PERSONAL PHYSIOTHERAPIST SINCE 2016.

Olympic Gold Medal with Carolina (Spanish Badminton Team) in RIO'16 and World Champion in 2015 and 2018.

Physiotherapist service coordinator of the Spanish Olympic team of Badminton since October'14.

Physiotherapy and functional recovery services Coordinator in AD.ALCORCON Soccer Team (Second Division of Spanish League) since July '15 to July '19

Founding partner of FIDEMED HIGH PERFORMANCE S.L. (Nov'13)

Responsible for the physiotherapy and functional recovery of the Royal Spanish Gymnastics Federation since 2001 until the June'13

Physical therapist and functional recovery Coordinator of male and female Artistic Gymnastics and Rhythmic Gymnastics National Team during the celebration of the **Olympic Games** of Athens 2004, Beijing 2008 and London 2012 as well as physiotherapist of the national Gymnastics TEAMS in all World, European championships, and the Mediterranean Games Championships and from 2001 to Jun of 2013.

Main functions:

- Coordinate all activities of a team of 4 physiotherapists with each of the national teams (male artistic gymnastics, female artistic gymnastics, rhythmic gymnastics, trampoline and aerobics).
- Monitor and carry out all treatments male artistic gymnastics discipline:
 - o Preventive
 - o Rehabilitation
 - o Recuperators.Director General of the company of personal training and physical therapy FISIOTRAINERS (www.fisiotrainers.es) (since 2006)
Real Canoe - Complutense University's rugby team physiotherapist (Champion Cup by H.M. the King in 2001) during the 2000-2001 season
Physiotherapist of the football team room Complutense University during the Championship of Spain 2001.
Physiotherapist of the polyclinic Atletico de Madrid from 1999 until 2001. Main functions:
- Rehabilitation treatment of players in the lower categories.

- Physiotherapy treatment of patients of health insurances (Sanitas, Asisa, etc.)
Physical therapist for team **Atlético de Madrid** (under-18 division of honour) during the 1999-2000 season.

PROFESSIONAL TEACHING EXPERIENCE

- Expert Professor in Surface Application Neuromodulation (Since 2019)
- Speaker at the 2nd Musculoskeletal Physiotherapy Congress held in Elche 2019
- Professor in the training of Neuro Stimulation of Surface Application (NESA) (2018/19)
- Currently Professor in the Master of physiotherapy at the sport European University of Madrid-Real Madrid since the 2006-07
- Rapporteur of the seminar on nutrition and sport of laboratories EQUISALUD, in Madrid, Pamplona and Malaga (from the year 2013)
- Professor at the seminar of Mesotherapy in the physiotherapy Master of the sport European University of Madrid -Real Madrid in the edition of 2011-12
- Profesor in the master's degree of functional recovery European University of Madrid - Real Madrid Edition 2011-12.
- Profesor workshop of Mesotherapy sports at European University of Madrid in the year 2010.
- Ponente "VII Science Week" of Madrid during the 07-08 edition.
- Profesor of practice in the **Royal Spanish Gymnastics Federation** for students of the Master of physiotherapy of the sport European University of Madrid - Real Madrid in 2006-2008 editions
- Profesor of practice in the **Spanish Badminton Federation** for students of the Master of physiotherapy of the sport European University of Madrid -Real Madrid in 2006-2008

COMPLEMENTARY TRAINING

- EPTE training (2019)
- Expert Course in Neuromodulation of Superficial Application (NESA) (2016)
Course of Medical Biomagnetism (2013)
Course of Kinesiology applied to systemic disturbances (2011)
- Course of Kinesiology applied in pelvic dysfunctions (2010) Course of Kinesiology applied to disorders of the TMJ (2009) Course of Introduction to applied Kinesiology (2008) Specialist in neuromuscular tapping (2007)
- Course of diacutaneous fibrolysis-hooks (2007)
- Master in high performance sport (2005-2006) for the Olympic Center of higher education an integral part of the COE (Spanish Olympic Committee).
- Theoretical and practical course on nutrition and dietetics applied to the sport's elite, 35 h. by the medical school of physical education and Sport (March 2006).
- International course of physical training in basketball initiation and high-performance, 20 h. (April 2005).
- Course of stabilization lumbar, h. 20 by the Spanish Athletics Federation (April 2005). Master's degree in sports physiotherapy at the University of Alcalá de Henares 200 h (2000).

Average level of English (spoken and written)